

2024 - 2025
SCHOOL HEALTH SERVICES REPORT

Kathy N. Palmer BSN, RN, BS
Health Services Coordinator/Lead School Nurse PreS/PreK - 5th Grade
Sarah Rimer RN School Nurse M.S. – H.S.

Programs and Services Evaluation Form

End of the Year Data Report

Special Healthcare Needs

Elementary - School Health Advisory Council Report
M.S./H.S. - School Health Advisory Council Report

Knox County R-I School District
Programs and Services Evaluation Form
2024 – 2025

Program: SCHOOL HEALTH SERVICES

Person(s) responsible: School Nurses

Number of Employees: Certified 2 Non-Certified 0

Full-time 2 Part-Time 0

Number of students enrolled/participating in the program: 527 current and withdrawn, PreS/PreK/K -12

Program: Local X State Federal

IMPROVING SCHOOL PERFORMANCE:

The district will provide a Health Services Program that promotes wellness in order to meet the health needs of students and staff and meets all local, state, and federal regulations annually.

Evaluation Criteria (What gauges success?):

- **Annual review of the health program by the school nurses, school administrators, school board, school health advisory council, MSIP review and mandated state reporting**
- **Types of data collected: (Check all areas that apply)**

- X Surveys of staff, community, students, business
- Standardized assessments, assessment statistics
- X Longitudinal performance data
- Participation or placement rates
- X Financial revenues/expenditures
- X Internal evaluations by staff
- X External evaluations by others
- X Attendance rates
- X Dropout rates
- Suspension/expulsion/discipline rates
- Participation rates in co-curricular/extracurricular activities
- Special program participation rates
- College/vocational attrition rates
- College/vocational completion rates
- Student attitude and interest surveys
- X other

Procedures used to evaluate the collected data:

- **Written and electronic record keeping, quarterly and annual reporting**

Who collects the data? School Nurses

Who reports the data? District Lead Nurse

Who analyzes the data? School Nurses, SHAC, Administrators, Superintendent, School Board, MSIP and at the state level through mandatory state reports

Success of program based on the data (benefits):

- **Improved student academic success and increased school attendance rate as related to meeting the health needs of the student population.**
- **Improved staff wellness resulting in decreased staff absences.**

Recommended changes needed to achieve the goals and objectives of the program:

- **Maintain 2 nurses to provide care to the student population that has increasing health acuity needs, acute and chronic.**

Action to be taken:

- **To maintain effectiveness and safety of student care, it is recommended that the school district continue employ 2 RNs, or 1 RN with 1 LPN/nurse aide**

Changes made in the last two years:

- * **after COVID, kept 2 full-time RNs with 2 offices to serve the student and staff population PreS, PreK, K -12th grade**
- * **A.E.D maintenance – Purchased new AED adult electrode pads, 4 pediatric electrode pads for the A.E.D.s; new battery replacement for the A.E.D.s (fall 2024)**

Date presented to the Board of Education: June 17, 2025

**School Health Services
Knox County R-1 School District
End of Year Data Report for the 2024 – 2025 School Year**

Demographic Information:

Total Enrollment: 527 All Students PS, PK, K-12 – current and withdrawn

% Students with Known Health Insurance: PK-5 97% 6 -12 73%

Health Room Visit Information: includes daily meds., daily diabetic care & asthma treatments, etc.:

Number of Health Room Visits: Total Student Visits 10,052

PS, PK, K – 5 6820

6 – 12 3232

Staff Elementary 445 M.S./H.S. 153

Number of visits resulting in students being sent home: Total 407

PS, PK, K -5 275

6 -12 132

Number Dr. referrals: Total 70

Number urgent care/injuries/dental referrals: Total 24

Number ER referrals: 0

EMS/911 calls: 0

****SPECIAL HEALTH CARE NEEDS PS, PK, K -12 – See Special Health Care Report****

School Safety Information:

Number of school staff trained in 1st Aid, CPR, AED: 21

Number of AEDs: 6

Locations: hallway next to elementary and high school gymnasium, each concession stand, 1 each nursing office

Screening Information:

	# screened	# Referrals	# Completed Referrals
Oral Health/Dental K - 5	175	14	9
Dental Mobile Unit K -5	11 + treatment		
Vision/New Referrals PS, PK, K – 5	251	11	9
Hearing/New Referrals PS, PK, K -5	251	0	
IEP Physicals	32		

October Flu Shot Clinic: held at the school

Staff receiving the flu shot 47

Students K – 5 35

MS/HS 22

2024 Summer School Data:

Student visits - 443 (includes daily meds., diabetic care & asthma treatments)

Staff visits - 25

Special Healthcare Need		Special Healthcare Need	
Special Healthcare Need	# of Students	Special Healthcare Need	# of Students
Allergies – life threatening - Food	13	Hemophilia/bleeding disorder	1
Allergies – life threatening - Insect	7	Hydrocephalus shunt	0
Allergies – life threatening - Latex	1	Kidney disease	3
Asthma – on medication at home or school	42	Mental Health	
Blind/Visually Impaired	2	ADD/ADHD	74
Cancer-History, not on medication	2	* Anxiety	34
* Taking Chemotherapeutic Medication	0	* Autism Spectrum Disorder (ASD)	12
Chronic infection (e.g., Hepatitis, etc.)	1		
Cleft lip and palate	1	* Bi-polar	3
Cystic Fibrosis	0	* Depression	15
Daily special health care procedures		* Obsessive Compulsive Disorder	1
* Blood sugar check	4	* Oppositional Defiance Disorder	5
* Catheterization care	0	* Post Traumatic Stress Syndromes	7
* Nebulizer Treatment	4	* Tourette's Syndromes	2
* Ostomy care	0		
* Suctioning (oral, nasal/pharyngeal)	1	Migraine headaches	12
* Tube feeding	1	Neuromuscular disorder, non-progressive (e.g., Cerebral Palsy, etc.)	3
* Ventilator dependent	0	Neuromuscular disorder, progressive (e.g., Muscular Dystrophy, etc.)	0
Deaf/Hearing Impaired with no assistive devices	4	Organ Recipient	1
* With FM systems	1	Orthopedic disability (permanent)	6
* With hearing aides	1	Orthopedic disability (temporary, e.g., Osgood Schlatter, fractures, etc.)	15
* With cochlear implants	0	Scoliosis requiring treatment	3
Diabetes		Pregnancy	0
Type 1	4	Teen Parenting	1
Type 2	3	Rheumatoid Arthritis	2
Eating disorder (e.g., Anorexia, Bulimia, etc.)	4	Autoimmune disease (e.g., Lupus, etc.)	7
Gastrointestinal Disorders (e.g. Irritable Bowel Syndrome, etc.)	12	Routine medications at school	21
* Crohn's Disease	1	Seizure disorder	9
* Ulcers	3	Students with "do not attempt resuscitation" (DNAR) order	0
Bowel/Bladder Incontinence	4	Traumatic Brain Injury	3
Chromosomal Abnormalities (e.g., Down Syndrome, Neurofibromatosis, etc)	1	504 Plans	11
Sickle Cell Disease	0		

Elementary School Health Advisory Report

2024 – 2025

New Business– no new goals until old business goal is met

Old Business – pending, the placement of new protective wall mats for the elementary gym

Middle School/High School Health Advisory Council

2024-2025 School Board Report

There were 7 staff, including myself, that made up the School Health Advisory Council.

The members of the MS/HS School Health Advisory Council reviewed the School Health Index, which includes 11 modules. If a weakness was found in a module then an action was created and prioritized by importance, cost, time, commitment, and feasibility to complete the action.

From the modules and actions completed; an Overall Score Card was created to prioritize which module needed to be addressed 1st. From there we completed the School Health Improvement Plan. The next step is for the board to implement the recommendations.

As the School Health Index states: we all share the same goal: to develop healthy children who come to school ready and able to learn.

This was the 1st or 2nd year for most of the members to participate in the School Health Advisory Council, and we came up with 1 main goal with other ideas to check and work on further next year.

Recommendation: hang up the yellow Epi-Pen container in the HS mailroom. This box contains an Epi-pen and instructions for use. The box is located on the top shelf-above eye level-and at times gets moved or placed behind other objects The same box is hung up in the MS workroom close to the door. To ensure this life-saving pen is accessible and seen, our goal is to have it hung at eye level close to the workroom door. The hardware to hang this box is with the box. Once approved-a maintenance request will be filled out to be completed this summer.

Report prepared by Sarah Rimer RN