



Health Office Annual Report

**Knox County R-1
School District
2025–2026**

**Sarah Rimer RN
Reported
June 16, 2026**



School Health Services Student Encounters

2025-2026 SCHOOL YEAR

10,684

Total sum of visits to the health office



10,456

Number of health office visits resulting in the student being returned to classroom for learning



228

Number of health office visits resulting in the student being sent home due to illness, injury or other



0

Number of health visits resulting in emergency medical services or 911



530 current and withdrawn students: PS-5/6-12.

10,684 total visits that include:

- ✓ Daily: medications, diabetic care, and asthma treatment
- ✓ As needed: 1st aid, illnesses, chronic health conditions, IEP, guardian correspondence, etc
- ✓ Screenings: vision, hearing, dental, re-screen, and referrals



STUDENT CHRONIC HEALTH CONDITIONS

diagnosed by a health care provider

Knox County

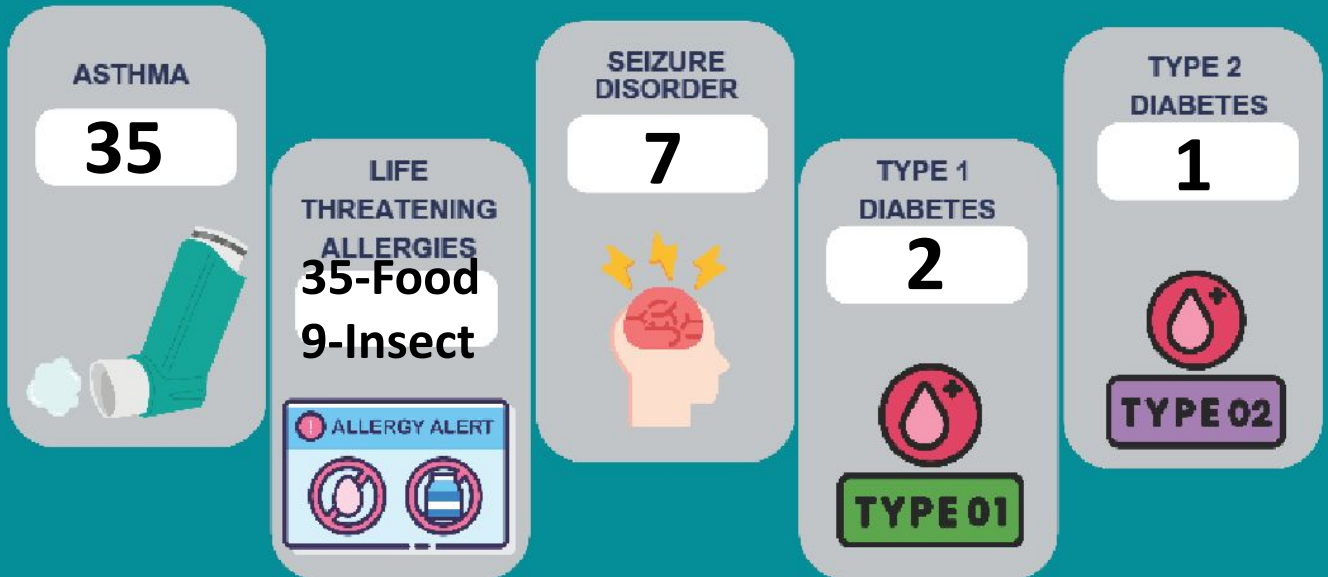
School District

530

Student Population

25-26

SCHOOL YEAR



Numerous hours are also spent on non-face-to-face responsibilities:

- Immunization compliance and correspondence;
- Chart each student visit;
- Update conditions in InfiniteCampus, IHP, EAP, allergy lists, and MARS with Health Inventory forms completed by guardians;
- Ensure each appropriate chronic health condition has an Emergency Action Plan and each appropriate staff has this information;
- Correspond with community partners;
- Medication counts and refill requests;
- File/store medical records according to state law
- State reporting x5
- Inventory/order/organize health office and hygiene grant supplies



Accomplishments and Continuous Quality Improvements

- Rearranged and organized the health office in the Elementary with equipment and supplies from Elementary and HS.
- Made updates to forms such as the Health Inventory sheet, screening forms, referrals from screenings, and admission paperwork.
- Coordinated and accompanied “Pure Freedom” to educate on hygiene, puberty, friendships, relationships, etc. This was provided for the 4th grade and 5th grade; with all of the boys in 1 class and all of the girls in a separate class. Pure Freedom was present for 50 mins x 3 days for each class.
- Continued to order, organize, and disperse the annual hygiene grant.
- Updated and properly disposed of outdated supplies, charts, and forms.
- Coordinated with the Knox County Health Dept to administer needed immunizations to those with guardian approval.



Individualized Healthcare Plans and Emergency Action Plans

Position statement of NASN:

It is the position of the National Association of School Nurses (NASN) that students with complex healthcare needs requiring specialized care in school should have individualized healthcare plans (IHPs) that are developed, implemented, evaluated, and revised by professional registered nurses (RNs). Each IHP is a unique, student-centered, stand-alone nursing document that contains protected student health information.

- Continued to develop and review Individualized Healthcare Plans.
- About 40 IHPs were created this year.
- About 50 were created last year.
- There are about 20 more to create along with all new students that enter the district that have a special need or diagnosis.
- Each care plan should be reviewed and if needed updated annually.
- Emergency Action Plans reviewed, organized by class, and given to appropriate staff.
- EAP, allergy list, and 1st aid kit sent with staff on field trips. About 40 kits made this year.



Emergency Preparedness

- Helped to coordinate a “Stop The Bleed” Train the Trainer, in person, course with the State School Nurses through DHSS.
- Emergency medications placed in a labeled cabinet in the Elementary mailroom to be accessible to all staff. Cabinets were already in the MS and HS mailrooms.
- AED x6 Inspected: **pads will be replaced 26-27
HS and Elementary gyms: *Adult and child pads
Nurse office (Zoll): *child pads
HeartSine (recalled and replacement requested)
Concession stand x2: *Adult pads x1
- Acquired 1 health room RN sub but it is hard for her to cover when needed as she also has a full-time job. Inquiries made regarding using UAP (Unlicensed Assistive Personnel) if the sub RN is unavailable.

Position statement of NASN:

It is the position of the National Association of School Nurses (NASN) that, where laws permit, unlicensed assistive personnel (UAP) can have valuable and necessary roles as assistants to school nurses. It is the professional responsibility of the registered professional school nurse (herein after referred to as school nurse) to identify UAP in the school setting and to train, evaluate for competency, monitor and supervise the selected individuals.



Goals for 2026–2027

- If approved train and observe competencies of 1-2 Unlicensed Assistive Personnel in the case that this school nurse has to be away from the school and the substitute RN is unavailable to cover the health office.
- Continue to develop and review Individualized Healthcare Plans.
- Continue to educate and encourage self-sufficiency with the diabetic students.
- Assist admin with aligning the health office policies in all of the student handbooks mainly regarding when to stay home and when a student will be sent home.
- Assist with training all staff on “Stop The Bleed” kits: how to use them, when to use them, how important they are in saving a life, and hands on practice.
- Re-establish a School Health Advisory Council
- Continue to collaborate with community partners: PureFreedom, Knox CO Health Dept, NEMO dental van, Dr. Bosch and the Preventative Services Program, and Kidsight as they offer valuable support for our students with services that might otherwise not be attainable.



Questions

Any questions from the board?

Previous reports had included keeping track of:

- the Special Needs state report
- Students seen broken down more than “return to class” “sent home” “EMS”
- Screening numbers and referrals
- a count of staff seen
- flu vaccines given to students and staff
- students with and without insurance

Above information included on the next slide but does the board want for the health office to keep tracking these?

Thank you for supporting our student's health and wellness



Health Office

Students seen during summer school (no count on field trips days x3): 135

To class with referral: 12; home: 228; EMS 0; left school with referral: 16;

NEMO Dental Van: Fall 31 Spring 13

PSP Dental Screening: Fall 157 Spring 153

Vision screen: 106

Vision re-screen: 30

Vision referral: 13

Kidsight: 81

Kidsight referral: 5

Hearing screens completed by speech therapy and college students

Hearing referral: 33

Number of staff seen: about 215 not including SS

Flu vaccine clinic:

Elementary: 34, MS: 10, HS: 8, staff: 33

Immunization clinic utilizing the KCHD: 8