

Business Plan

2026-27



Knox County

Rebid Here: 27/28



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Director of
Nutrition Services





Growth Plan

Enter School Knox County R1

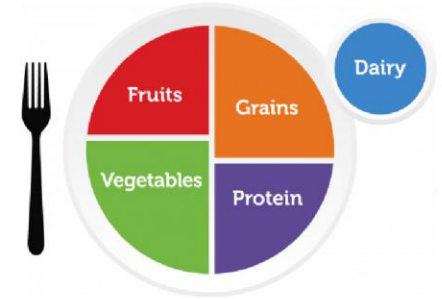
School District

Increase participation

Objective/Goal

strategies	action steps	responsible party	timeline
Grandparents Breakfast	Plan a Date- September 11 Menu- Biscuits, gravy, sausage Help- Kitchen Staff, Admin, Mrs Miller, NHS	Kitchen Staff Admin Gary & Jason	September 11th
Homecoming Float	Theme Supplies Work days	Kitchen Staff	September 17th
NAC Meetings	Metting Date Agenda Grade Group	Kisha & Crystal	October & April
Try it Tuesdays	Samples Supplies for samples Promote	Kitchen Staff	ALL YEAR

USDA Guidelines



The calories, nutrition, and portion sizes provided to students at school breakfast and lunch are standards set by the United States Department of Agriculture (USDA) and the current Dietary Guidelines for Americans.

Meals are carefully planned using age-appropriate portion sizes so that breakfast and lunch each provide approximately one-third of a student's daily calorie and nutrient needs.

At both breakfast and lunch, students are required to select at least three meal components but are welcome to choose all available items to best meet their individual nutrition and energy needs. In addition, Opaa! offers a **self-serve fruit and vegetable bar** along with a **condiment station**, allowing students to personalize their meals while encouraging balanced choices.



What Makes a Meal example

Here's an example menu:

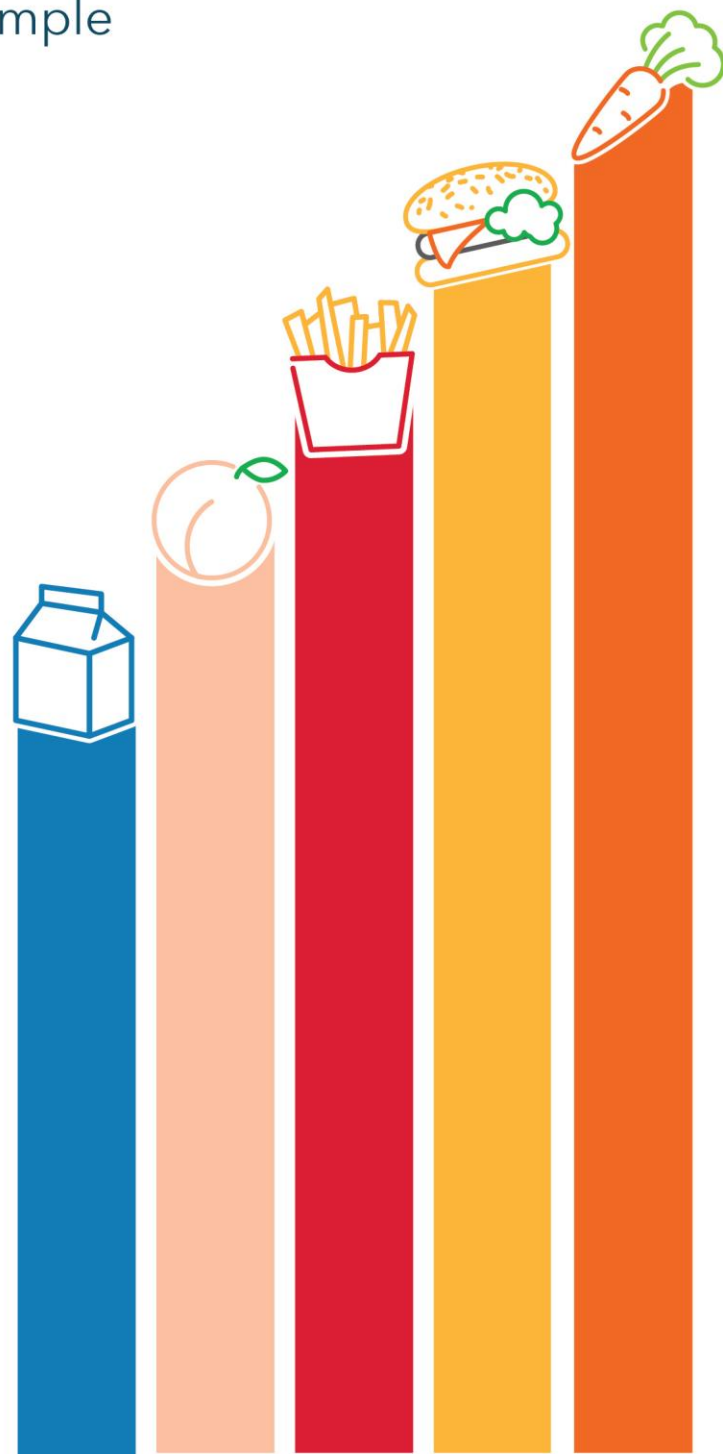
- >> Cheeseburger on a **bun**
- >> 1/2 cup of **carrots**
- >> 1/2 cup of **french fries**
- >> 1/2 cup of **peaches**
- >> 8oz of **milk**

So your child could choose any of the following:

- >> Cheeseburger on a **bun & fries**
- >> **Carrots, peaches, & milk**
- >> Cheeseburger on a **bun, peaches, & milk**

They are more than welcome to take other combinations or **all five food groups!** The choice is up to them.

If your child comes home and says they didn't get enough to eat at lunch, ask if they are taking all of their **fruit** and **vegetable** choices!



2026 Fall Student Survey

What is the Student Survey?

- Annual anonymous form sent to every district.
- Gives students the opportunity to share feedback.
 - Students can review menu items, rate food and service quality, & offer suggestions.

GOAL:

Achieve at least **50% student participation** to ensure meaningful and representative feedback.

Action Items:

- Review student responses carefully.
- Identify trends, strengths, and areas for improvement.
- Use feedback to inform decisions and enhance nutrition services within your district.

TIME
Line
**OCT 1ST-
OCT 31ST**

District partners will receive the materials they need to collaborate with Opaa! and gather valuable student feedback.

**STUDENTS
VOICES
MATTER** 